

# Food Resources

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Name: **2.1.1 / Access Florida**  
Website: <http://www.myflorida.com/accessflorida>  
Phone: 1-866-76ACCESS  
Services: Apply for Medicaid, food stamps, and temporary financial assistance. Some sites have staff to assist in the computer process. Please call or see website for directions to the multiple application sites in Seminole County.

Name: **Christian Help**  
Website: [www.christianhelp.org](http://www.christianhelp.org)  
Phone: (407) 834-4022  
Services: Christian HELP believes that no child in Central Florida should go to bed hungry, should go without Christmas, that no family in Central Florida should be put out on the street, and that no family should have to live in the dark. Christian HELP is an ACCESS site for food stamps. They provide a food pantry, job referral, material support groups, spiritual support, ministry development, networking, and many volunteer opportunities.

Name: **Catholic Charities**  
Website: [www.cflcc.org](http://www.cflcc.org)  
Phone: Administration: (407) 658-1818 Toll Free: (888)658-2828  
Services: Our mission is to provide social services to people in need, regardless of their religious, social or economic background, to improve lives of individuals, families and the community. Catholic Charities offers services including a food pantry, emergency financial assistance, rent/utilities assistance, clothing, counseling and support.

Name: **Christian Sharing Center – Sanford and Longwood**  
Website: [www.thesharingcenter.org](http://www.thesharingcenter.org)  
Phone: Sanford and Longwood (407) 260-9155  
Services: The Sharing Center is a faith-based non-profit organization that seeks to ease the stress of poverty and prevent homelessness by providing basic needs of food, clothing, furniture, shelter, and compassion to children, the elderly, and families in distress. Services include a mobile health care unit for the homeless or those in transition, disability services for the permanently disabled seeking permanent housing, health care referrals for uninsured or low-income individuals and families, prescription assistance program, local transit passes, and Christmas gift cards and food baskets to meet basic needs around the holidays.

Name: **Harvest Time International**  
Website: [www.harvesttime.org](http://www.harvesttime.org)  
Phone: (407) 328-9900  
Services: Emergency food assistance – Families in need receive free vouchers for food and basic household items. Those vouchers can only be used in our Community Hope Center. The Community Hope Center provides immediate assistance upon qualification. Families in need are able to receive same day assistance after qualifying through our client services caseworker.

“Basic need” self sufficiency program – provides long term assistance that covers beyond the emergency situation. Our Community Hope Center also offers a long-term self-sufficiency program which families can qualify for. Those families have income, but not enough to fulfill their basic needs. Our program helps those families to be able to take care of their needs by giving small contributions towards the program for the products they receive.

Medical Clinic also available.

Name: **Hope - Sonshine Thrift Store and Food Pantry**  
Website: [www.hopehelps.org](http://www.hopehelps.org)  
Phone: (407) 366-3422  
Services: The Sonshine Community Thrift Store enables us to meet the needs of the community in many ways. Our store is blessed with many quality donations from the community. Our customers come to our store to find amazing bargains and in the process, support our ministry. If we have a family in crisis, we can provide them with everything to make their situation bearable, and if they are homeless, once we are able to help them attain housing, we can provide them with basic needs. A portion of the sales enable us to help families financially, with assistance such as: rent, utilities and car repairs. The Food Pantry provides nonperishable food, produce, meat and fresh bread, 3-days per week, all at no charge, and has implemented a summer lunch program for the disadvantaged children of the community.

Name: **Jewish Family Services of Greater Orlando**  
Website: [www.jfsorlando.org](http://www.jfsorlando.org)  
Phone: Food Pantry: (407) 644-7593 Financial Assistance: (407) 644-2985  
Services: We are a non profit community organization helping people when they need it most. Jewish Family Services (JFS) is a social service agency that exists to enhance family life and to meet the human service needs of individuals and families. Jewish Family Services is a member agency of The Heart of Florida

United Way, The Jewish Federation of Greater Orlando and The Association of Jewish Family and Children Agencies. PROVIDE: Emergency Services, Emergency Financial Assistance, Pearlman Emergency Food Pantry, Family Advocacy, KidsKonnct, Support Groups (Children - Peer Group Pressure. Adults - Parenting Skills and working with teenagers), Senior Services at Kinneret Apartments, R.I.D.E. (Reliable Independent Drivers for the Elderly), Jewish Grief Support Groups (for bereaved spouses), GRANDPARENTS Connect, Jewish Chaplaincy, Jewish Indigent Burial, Jewish Hospice (Yad L'Hesed).

Name: **Loaves and Fishes**  
Website: [www.loavesandfishesapopka.com](http://www.loavesandfishesapopka.com)  
Phone: (407) 886-6005  
Services: Helping families in need of food, clothing and household items in 10 zip code areas (32703,32712,32714,32745,32779,32757,32768,32776,32777,32798).

Name: **Longwood Hills Congregational Church**  
Website: [longwoodhillchurch.org](http://longwoodhillchurch.org)  
Phone: (407) 332-8253  
Services: Food Pantry open Wednesdays 2PM - 4PM

Name: **Meals on Wheels**  
Website: [www.mealsetc.org](http://www.mealsetc.org)  
Phone: 407- 333-8877  
Services: Meals on Wheels, Etc. is dedicated to enhancing the quality of life for young and old by providing appetizing and nutritious meals as well as support services for seniors which enable them to maintain their independence and dignity. SERVICES: Home delivery of meals to home bound seniors 60 and older; Chore Services: One time yard clean-up and minor home repairs; Hot noon day meals; Transportation Services; Weatherization Assistance Program.

Name: **Rescue Outreach Mission - Men's Shelter**  
Website: <http://www.rescueoutreachmission.org/>  
Phone: (407) 321-8224  
Services: The Mission provides emergency shelter, food, clothing, and spiritual guidance to disadvantaged, needy, homeless, and families of any race, national origin, sex or age. Many agencies bring or refer the needy to the Rescue Mission, including the Police, Sheriff's Department, HRS, hospitals, nursing homes, churches, Salvation Army, Red Cross, Spouse Abuse, We Care, Christian Sharing Center and many others.

Name: **Rescue Outreach Mission - Women's and Children's Facility**  
Website: <http://www.rescueoutreachmission.org/>  
Phone: (407) 321-8224  
Services: The Mission provides emergency shelter, food, clothing, and spiritual guidance to disadvantaged, needy, homeless, and abused Women and families of any race, national origin, sex or age. Many agencies bring or refer the needy to the Rescue Mission, including the Police, Sheriff's Department, HRS, hospitals, nursing homes, churches, Salvation Army, Red Cross, Spouse Abuse, We Care, Christian Sharing Center and many others.

Name: **Salvation Army Community Center - Sanford**  
Website: [http://www.uss.salvationarmy.org/uss/www\\_uss\\_sanford.nsf](http://www.uss.salvationarmy.org/uss/www_uss_sanford.nsf)  
Phone: (407) 322-2642  
Services: The Community Center is open to the public and school age children from 3:00 - 6:00 PM Monday through Friday. We offer the school children homework assistance and a secure place for fun after school activities which include swimming, basketball, video games, air hockey, board games and much more. The Salvation Army helps the public by providing assistance with food and financial assistance with utility bills and rent to those who are eligible.

Name: **Seminole County WIC & Nutrition Program**  
Website: <http://www.fns.usda.gov/wic/>  
Phone: Appointment Line: (407) 665-3705 Office: (407) 665-3200  
Services: WIC is a special supplemental food and nutrition education program for Women, Infants, and Children. WIC provides the following at no cost: healthy food during your pregnancy and after your delivery, nutrition education, counseling breastfeeding support, referrals for health care and community services.

Name: **Share & Care Foundation**  
Website: [shareandcarefoundation.com](http://shareandcarefoundation.com)  
Phone: (407) 407-409-9280  
Services: The Share & Care Foundation, an exempt non-profit under 501(c)(3) of IRS code, helps those in need by providing food, clothing, hygiene products and other resources. The Share & Care Foundation distributes food bags, clothes and toiletries to those in need. The food bag includes sandwiches, fruit, Muffins and water. These items are distributed once a month and the operation of Share & Care is currently funded entirely by the members of the Foundation. The Share & Care Foundation has set a goal to provide rental deposits/emergency motel vouchers for people who've been deemed ready for rehabilitation but lack the funds to secure a place